

Objectives of the workshop

- To understand the present status of 1,000 days care in the mainstream institutions.
- To consolidate the experience of each stakeholders in ensuring the 1,000 days care in various contexts
- To build the convergence strategies and mechanisms towards ensuring 1,000 days care
- To evolve action areas and policy prepositions for setting and ensuring 1,000 days care to reduce the morbidity and mortality.

Date & Venue

The workshop will be held on 22nd September, 2017, Thursday at Thamukkam Grounds, Madurai from 10.00 am to 4.00 pm

Participants

Medical professionals from government and private health sector, Village Health Nurses, Anganwadi workers, ASHAs, Professionals working in SHG Federations, Representation from PRIs and SUHAM Health workers. The delegates from Public Health Department in Tamilnadu and Odisha, officials from National Health Mission, leading NGO representatives will be participating and providing special address.

Programme content and structure

The convention will focus on the following aspects

- Sharing the experience by different stakeholders in various contexts
- Experience sharing by the community and community organisations
- Consolidating the learning and best practices as action points and policy prepositions

The chief guest and other delegates will provide the special address on related area. The sub group discussion will be facilitated for evolving action points and policy prepositions.

For further information, please contact

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Workshop on Building resilience childhood: Convergence strategies for intensive 1000 days care

Madurai Symposium 2017

September 22, 2017

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Building Resilience for Sustainable Development



Introduction: 1,000 days care

Care during Pregnancy and the first 2 years of child's life, is called the crucial 1,000 days which influences the health outcomes. The right nutrition during this 1,000 day window has a profound impact on a child's ability to grow, learn and thrive—and a lasting effect on a country's health and prosperity. That's why it is critical that women and children get the right nutrition during this time. Malnutrition early in life can cause irreversible damage to children's brain development and their physical growth, leading to a diminished capacity to learn, poorer performance in school, greater susceptibility to infection and disease and a lifetime of lost earning potential.

It can even put them at increased risk of developing illnesses like heart disease, diabetes and certain types of cancer later in life. The impact of poor nutrition early in life has lasting effects that can transcend generations. This is seen throughout the world as malnourished women given birth to malnourished daughters who grow up to become malnourished mothers in the future, thereby perpetuating the cycle. The damage done by malnutrition during the first two years of a child's life translates into a huge economic burden for countries, costing billions of money lost in productivity and avoidable health care costs. But by focusing on improving nutrition during the critical first 1,000 days, most of the serious and irreparable damage caused by hunger and malnutrition can be prevented.

Important to invest in first 1,000 days

Improper care during 1000 days care leads to malnutrition in children under two years. The Rapid Survey on Children (RSOC), a survey performed by the Ministry of Women and Child Development between the year 2013 and 2014 reported that 38.7% of children are stunted, 29.4% are underweight and 15% are wasted. The new World Bank report (2011) says that stunting in 6 to 24 months of age could be reduced through focusing on adequate feeding, timely health care and environmental health & hygiene.

Improving nutrition for mothers and children during the 1,000 days window helps ensure children get the best start to

life and the opportunity to reach their full potential. Investing in better nutrition during the first 1,000 days also saves lives. Women who are well-nourished before and during pregnancy are less likely to depart this life during childbirth. And by ensuring that mothers are able to breastfeed and babies get only breastmilk for the first six months of life can help to save the lives of almost One million children.

Leading scientists, economists and health experts agree that improving nutrition during the critical 1,000 days window is one of the best investments we can make. In fact, every rupee invested in improving nutrition in the first 1,000 days yields a return of better health and economic productivity. There is no better investment we can make to secure the future of children, families and nations.

Appropriate infant and young child feeding practices even in the highest wealth quintile are extremely poor. This indicates that under nutrition in India is not a poverty or food insecurity issue alone, and that child care and feeding information and awareness play an important role. Effective interventions, which cover the three critical determinants, when provided at scale during the first 1,000 days of life, can reduce stunting and improve under nutrition significantly.



Outcomes from the investment made in first 1,000 days

- Build a child's brain and fuel their growth
- Improve a child's school-readiness and educational achievement
- Reduce disparities in health, education and earning potential
- Reduce a person's risk of developing chronic diseases such as diabetes and heart disease later in life
- Save more than one million lives each year
- Boost a country's GDP by as much as 12%
- Break the intergenerational cycle of poverty

The Workshop

The workshop on 'Convergence Strategies to intensify 1000 days care for building resilient generation' intends to discuss the identified gaps as factors hindering in accelerating the focus on 1,000 days care in India and also working out the converging strategies and mechanisms for achieving the same. The workshop focuses on arriving the strategies and mechanisms with action points and policy prepositions for intensifying the 1,000 days care. There will be presentations from the stakeholders who are working for 1,000 days care and related areas. There will be a panel of 2-3 eminent personalities to deliberate the presentations into action areas.