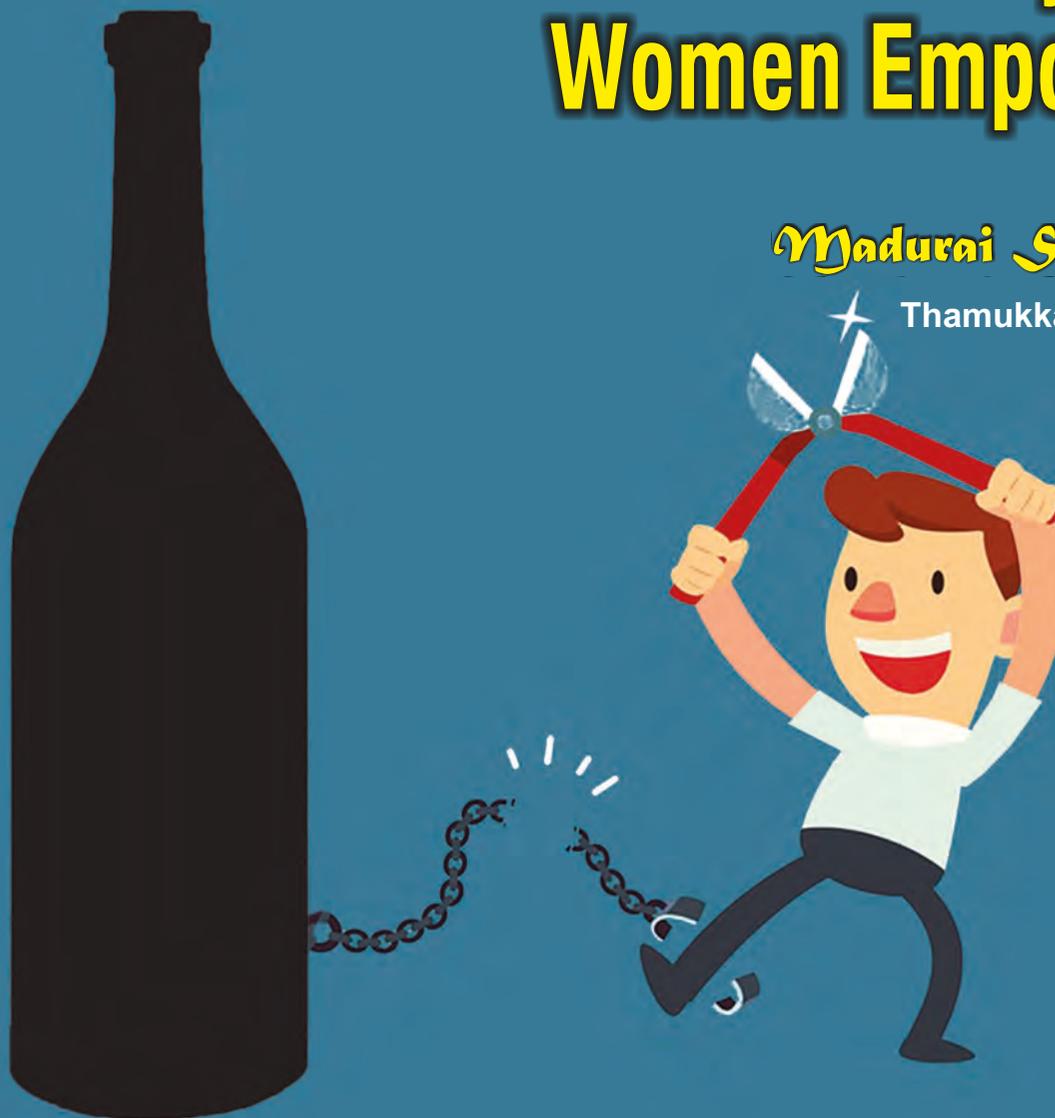


Women Empowerment for Sustaining Development

Workshop on
**Alcoholic Anonymous for
Women Empowerment**

Madurai Symposium 2019

Thamukkam Grounds, Madurai
September 22, 2019



Organised by





Alcoholism and Women Empowerment

Alcoholism, also known as alcohol use disorder (AUD), is a broad term for any drinking of alcohol that results in mental or physical health problems. The disorder was previously divided into two types: alcohol abuse and alcohol dependence. Alcohol is also considered to be the third most harmful in terms of effects directly impacting the user, after heroin and cocaine. Prolonged abuse of drugs and/or alcohol will deteriorate a person's physical health, impair his or her mental functioning, and damage their overall spirit. The adverse effect of this behaviour and practice affects entire family. It impacts The financial damage of the family leads to poverty trap. The financial damage of an addiction also leads to a child being undereducated and malnourished. The future of children especially girls will be affected much. The marriage of girl children may get affected. The social respect of his wife and children may get lost. The assets of the family also get go away. In extreme cases the violence against women also will happen in addicted members' family. The support from the family would change the status of alcoholic behaviour of addicted person. The Alcoholic Anonymous Group plays major role in sustaining the status of sober. Addressing the issue of alcoholism leads to women empowerment in the family and society.

Alcoholics Anonymous Group

Alcoholics Anonymous is the largest and oldest alcohol support group in the world. The organization is dedicated helping members overcome alcoholism. Alcoholics Anonymous (AA) is a worldwide organization designed to help former alcoholics support one another throughout their recovery journey while maintaining their sobriety. The organization was founded in 1935 by Dr. Bob Smith and Bill Wilson in Akron, Ohio. Today, AA groups can be found in cities across the United States and around the world. Meetings are open to people of all races, ages, and genders, including the family members of recovering alcoholics.



Individuals who attend AA groups are committed to stop abusing alcohol and remain sober. The meetings offer a multitude of ways to support ongoing recovery, like an effective 12-step program designed to treat alcoholism. The 12 traditions of AA were intended to stabilize the program and keep it freed from outside influences. Since the organization is considered a mutual-aid fellowship, it is run by former alcoholics who help those currently in recovery.

AA is not run by a leadership team, but rather, by members who are former alcoholics with a desire to help others. This organizational structure has been tremendously successful for AA and its more than two million members. Annually, AA continues to increase its number of chapters around the world and currently has more than 100,000 groups. Each AA group is self-run and relies on donations to cover various expenses. Some AA groups have committees in which members take on service positions for a brief period of time. The 12 traditions of AA serve as the foundation of the organization. Because of these, members are able to rest assured that AA is a safe place to share their experiences and get support for their alcohol use disorder (AUD).

The Workshop

The experience shows that AA intervention retains significant percent of people under sobers and sustain it. The Round Table on “Alcoholic Anonymous for Women Empowerment’ would discuss about the ways

and means to reach out more population under AA through implementing De-addiction interventions. The Round Table also discusses the strategies to penetrate in rural areas where so far intervention is meagre. There is very strong connection between alcoholism and women empowerment. It would be facilitated for the discussion on empowering women towards promoting alcohol free households involving AA groups.

Objectives of the Round Table

1. Understanding the functions of AA and its reach in Madurai district
2. Exploring possibilities to expand its activities in rural areas and strategise on the same
3. Encourage the actions for women empowerment in AA interventions

Participants

The state and district level representatives from AA groups, staff from DHAN and SUHAM, community leaders and associates from people institutions.

Date & Venue

The Round Table will be held on Sunday, 22nd September, 2019 at Thamukkam Grounds, Madurai from 10.00 am to 01.00 pm.

For further information, please contact

R. Rajapandian & K. Paulchamy
Event Coordinators

DHAN Kalanjiam Foundation

1A, Vaidhyanathapuram East, Kennet Cross Road

Madurai 625 016, Tamil Nadu, India

Mob: +91 63811 14033 / 97866 17006

Email: rrp@dhan.org

Website: <http://maduraisymposium.net>