

Virtual Wellness Center

COVID Pandemic necessitated scenario adaptation in health sector, pressurizing to go with new innovations to mitigate the effects of pandemic, facilitating to new paradigm shifts of working digitally. SUHAM, Health vertical of DHAN Foundation expanding into digital consultations and counseling through its 'Virtual Wellness Centers', focusing on providing customized, cost-effective and convenient health care services to its entire community. [Read More](#)

Working Structure



Strategies for working mechanism

- Nodes engage in enrolling patients in-need of medical consultation/counseling
- Nodes delivers the preliminary counseling for assessment and recommendations for the expert consultation.
- Proper medication to be bought will be send through WhatsApp, Post-consultation
- Respective nodes ensure in facilitating medicines to the patients
- Regular counseling and follow-up calls on daily basis

Activities through Wellness Center

- Facilitating daily Tele consultation (Video or Audio) in a regular time
- Counseling of COVID patients those who are in home quarantine and those discharged from hospital.
- Giving first aid medicine
- Checking Random Blood sugar
- Checking Blood pressure
- Referral follow-ups for treatment to SUHAM
- Maintain records on the chronic and regular patients and ensuring their regular medicine intake
- Screening of Breast and cervical cancer cases
- Scheduling time with consultant of SUHAM
- Registering cases for specialty consultation

Benefits through Wellness Center

- Act as Consultation as well as Counseling center and addresses the patients' fear
- Provides food in-take schedule to boost the immunity of the home quarantine patients
- Patients identification and referrals to treatment centers
- Close-patient centric health care structure
- Patient recovery monitoring and follow-ups along with their family members
- Chronic patients unreachable to doctors will be provided with necessary guidance
- Acts as a primary health center in remote villages without clinical establishments
- Serves as early diagnostic center and delivers preventive measures for BP, Sugar patients
- Provides First-Aid medical kit to the members in the community
- Concept-seeds SBCC messages among the communities
- Integrated medical practices; Siddha and Homeopathy medicines
- Facilitates Experts in the field of General, Neurologist, Cardiologist and oncologist to the field (Expert opinion)
- Maintains health data base of the all the members in the community

Reach and Way Forward

Concept seeding of the virtual wellness center commenced in March 2020 across the hubs of Theni, Madurai, Silaiman, Kottampatty, Vizag, Solapur, Vadamadurai and Kudur. Till now across all the hubs, 2337 members were reached via consultations across 13 regions, with a target to initiative in 22 regions in the forthcoming days benefitting more number of patients.



Photo with member spouse consulting with Dr.Muhil Vannan at Silaiman



Nurses providing medicines in the field, post tele-consultation